



Our Lady Help of Christians is a school which operates with the consent of the Catholic Archbishop of Melbourne and is owned, operated and governed by Melbourne Archdiocese Catholic Schools Ltd (MACS).

## Purpose

This policy is aligned with the First Aid Policy for MACS schools. The policy sets out the actions and resources required in Our Lady Help of Christians to ensure adequate first aid provision for students, staff and others in the school environment and when engaged in school approved activities.

## Scope

This policy applies to students, staff, families and others at Our Lady Help of Christians.

## Principles

The following principles underpin this policy:

- our school has a responsibility to ensure a safe working and learning for all members of school communities
- the principal and all staff have a duty of care to all students and the provision of adequate facilities and resources supports this in the school.

## Policy

Our Lady Help of Christians is responsible for providing first aid assistance to students in the event of illness or a medical emergency.

### First aid facilities

The principal ensures that first aid facilities are in place to meet the needs of staff, students and others in school environments and for school approved activities, including for off-site activities such as camps and excursions, and out of hours school events. The area has appropriate signage and is readily identified with a sign on the door stating First Aid. This area is supervised by Administration staff during teaching times and rostered First Aid trained staff during Recess and Lunch Times.

Sufficient staff must be trained under the provisions of the *Occupational Health and Safety Act 2004* (Vic.) to ensure adequate provision of first aid, based on the number of students in the school or engaged in the activities, the activities being undertaken and the school environment.

### First aid kits

All classrooms have first aid kits readily available for classroom use. These are also taken and used at any offsite activities.

- At the end of each year, first aid kits are handed into the office for restock and checks before being given back at the beginning of each school year. During the school year, any items used are replaced by Administration staff once the holder of the first aid kit advises them of the items required.
- First aid kits are taken on all offsite activities, including camps and school excursions.

- All staff rostered on for yard duty are given a first aid kit. These are used for basic first aid, such as a minor cut or abrasion. Any incidents, beyond minor, students are sent to first aid.

## First aid staff and training

First aid officers provide initial care to injured students, staff or others in accordance with their level of training. They are not required to diagnose conditions or provide ongoing medical assistance.

The principal or their delegate will ensure that designated first aid officers and general staff have completed the recognised training. A first aid officer with current first aid qualifications must always be available to respond and assist an ill or injured person.

Where appropriate, a first aid officer will refer the ill or injured person to additional medical advice or assistance.

Additional staff with relevant training must be available depending on the student population, proximity to medical facilities, and the nature of activities being undertaken.

Training for anaphylaxis management is undertaken by all staff in the school.

A register of all first aid training is kept in the school by the Principal and Administration staff. All staff are required to undertake face-to-face training and refresher courses when required. These are held onsite at the beginning of each year.

Staff are trained in:

- HLTAID009 Provide Cardiopulmonary Resuscitation
- HLTAID010 Provide Basic Emergency Life Support
- HLTAID011 Provide First Aid
- VU23090 Provide First Aid Management of Anaphylaxis

## Administration of First Aid

School staff are responsible for providing first aid assistance to students in the event of illness or a medical emergency.

Our school staff who have been trained will administer first aid in accordance with their training. Trained staff can provide basic first aid with [DRSABCD](#).

In a medical emergency, staff take emergency action and do not need to obtain parent/carer consent to do so. Staff contact Triple Zero “000” for emergency medical services at any time.

On each occasion where first aid is administered to a student with a minor injury or condition, our school staff will notify parents/guardians/carers by contact details available at school. On each occasion where first aid is administered for a serious injury or condition, or in an emergency, school staff will attempt to contact parents/carers or emergency contacts as soon as reasonably practical.

School staff are to determine whether students presenting with infectious illnesses and their contacts require an [exclusion](#) period from school and abide by any minimum period in accordance with Department of Health.

### Administration of First Aid for head injury

For students who have an impact to the head, suspected concussion, or observed concussion, our school staff will contact the parent/guardian/carer immediately advising them that their child has had an impact to the head. We will also advise them to seek medical advice.

If a student demonstrates symptoms of a [moderate to severe head injury](#) (neck pain or tenderness, double vision, weakness or tingling/burning in arms or legs, severe or increasing headache, seizure or convulsion, loss of consciousness, deteriorating conscious state, vomiting, increasingly restless, agitated or combative), the school is to call an ambulance immediately. In the event of a suspected concussion, the parent/guardian/carer is asked to collect the student and have a medical assessment.

If a student appears to have a concussion/mild head injury, our schools will contact the parent/guardian/carer and advise them to seek medical advice, and continue to observe the student until it is deemed safe to return to school activities or needs to be sent home.

## Communication with parents /guardians / carers

The school requires parents to provide up-to-date and accurate medical information relating to students, including information about conditions such as anaphylaxis, asthma and diabetes. Parents are requested to provide this information annually, prior to camps and excursions and if the child's medical condition changes since the information was provided.

Records of incidents, injuries and first aid treatment are documented. First aid records are retained within the school and in line with MACS policies for information recordkeeping, retention and disposal.

An incident report will be completed when first aid is administered. This report will be kept in the school and a copy provided for the parent / guardian / carer of the student.

Parents / guardians / carers are notified as soon as possible if required to collect an ill or injured student from the school. When a parent / guardian / carer cannot be contacted, the principal will contact the emergency contact nominated by the parent / guardian / carer.

All incidents are reported on nForma which parents/carers/guardians have ongoing access to. All head injuries are recorded on nForma and via a phone call to parents as stated above in the Administration of First Aid for head injury section.

This policy and other school policies and procedures for the distribution of medication and management of students with medical conditions are located on the School Website and on the School Drive.

## Definitions

### First aid

The emergency treatment provided to employees, students and others who suffer injury or illness while at work/school, using the facilities or materials available at the time. In the case of severe injury or illness, members of staff are not required to diagnose or treat the condition apart from carrying out the appropriate first aid procedures. Diagnosis and treatment are the responsibility of the ambulance officer or medical practitioners.

### First aid officers

Staff members who have been trained in first aid and are designated to provide initial care of ill or injured staff, students or others.

## Related policies and documents

### Supporting documents

First Aid Risk Assessment – Template for Schools

First Aid Form – School and Parent/Guardian/Carer Record – Template for Schools

### Related MACS policies and documents

Administration of Medication Policy

Anaphylaxis Policy

Excursion, Camps and Travel Policy  
Medical Management Policy for MACS Schools  
Medical Management Procedures for MACS Schools  
OHS Policy – Schools

## Resources

Department of Education First Aid Contents Checklist, available on the [First Aid for Students and Staff webpage](#)  
[Department of Health – School Exclusion periods for primary schools](#)  
[Department of Health – School Exclusion table](#)  
[Murdoch Children’s Research Institute HeadCheck Concussion Recognition Support Tool](#)  
[The Royal Children’s Hospital Melbourne Head Injury – return to school and sport](#)  
[CECV Student Activity Locator](#)  
[Asthma First Aid Poster](#)  
[ASCIA First Aid Plan for Anaphylaxis](#)  
[ASCIA Action Plan for Allergic Reactions](#)  
[ASCIA Action Plan for Drug \(Medication\) Allergy](#)  
[St John’s Ambulance First Aid fact sheets](#)

## Legislation and standards

*Education and Training Reform Regulations 2017 (Vic.)*  
*Occupational Health and Safety Act 2004 (Vic.)*

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